



South Western Sydney
Local Health District



**Circulating and Instrument
Nurse: **Beginner**
Professional Development
Pathway**

Circulating and Instrument Nurse: **Beginner** Professional Development Pathway

Introduction

- The Professional Development Pathway for Instrument and Circulating Nurse Beginner (the Pathway) encompasses skill and knowledge development activities to support current, acting or aspiring Instrument and Circulating Nurse Beginner.
- The Pathway has been designed to support and provide a structured development plan, agreed upon between staff and their manager. It can be used as a resource to promote regular conversations as the staff member progresses through the Pathway and develops their knowledge, skills and capabilities. The Pathway can form part of the Performance Development Review cycle.
- The Pathway also supports Succession Planning initiatives which may contribute to Recognition Prior Learning (RPL) for some elements.
- The Pathway begins with an undertaking between the line manager and the staff member to set goals, agree on timeframes and to ensure that the staff member has the operational support to succeed.
- The Pathway then moves on to a suite of overarching professional development activities related to the Anaesthetic Nurse Beginner. This then progresses to the specific activities designed to guide the staff members development in Instrument and Circulating Nurse Beginner specific areas of their role.

Transforming Your Experience

The Pathway supports Focus Area 4. Effective Leadership and Empowered Staff in the Transforming Your Experience (TYE) Implementation plan 2017-2023 and provides a framework for staff members to develop skills and achieve their full potential.

Target audience

Current, acting, or aspiring Instrument and Circulating Nurses (4 months – 1 year).

Purpose

The purpose of the Pathway is to support career progression and succession planning as well as serve as a resource to guide professional development.

Learning outcomes

It is expected that by working through the Pathway that the staff member will be able to

- perform the requirements of the position identified as part of the professional learning pathway.
- act as a mentor for others.
- contribute to the development of their service or specialty.
- advocate for nursing and or midwifery.
- contribute to the body of knowledge for their service or specialty.
- show evidence of professional development in career pathway.

References

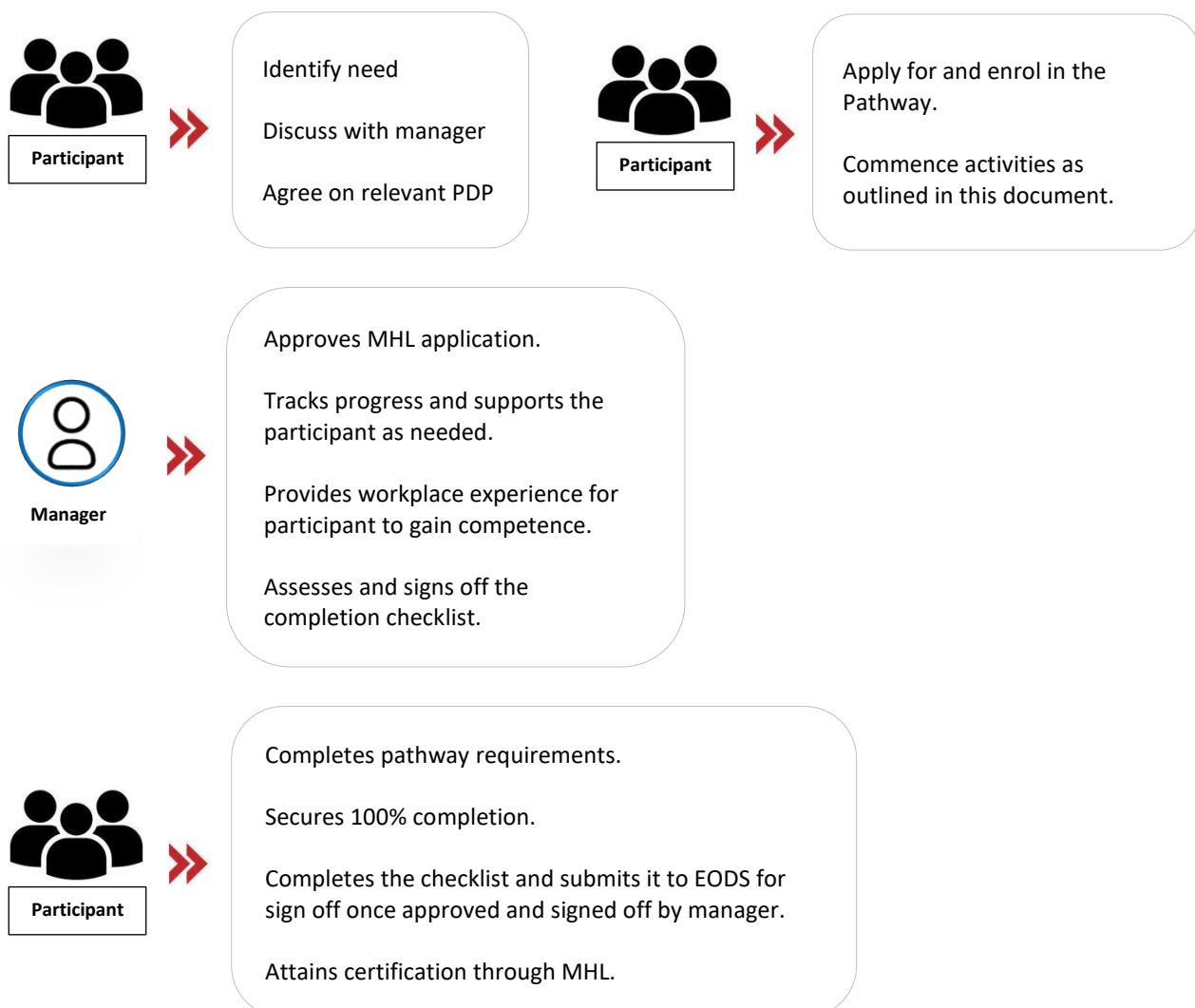
- SWSLHD Workforce Plan 2022-2028 (in DRAFT)
- SWSLHD Nursing and Midwifery Succession Planning Framework 2021

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Application, Enrolment and Completion processes

1. Staff member or manager identify need, discuss and come to an agreement about the Pathway that would best suit professional development needs.
2. Staff member applies for the pathway through MHL. Manager approves. Staff member is enrolled.
3. Staff member progresses through the pathway.
4. At the end of each section, the manager reviews progress within the section with the staff member and ensures all activities are completed before the participant progresses to the next section within the pathway.
5. The Assignment Completion Checklist is completed and submitted to the Education and Organisational Development Service for sign off.
6. 100% completion is required within the pathway.
7. Upon 100% completion, the pathway will automatically generate a certificate of completion which will be visible and accessible through the staff member's transcript.

The above steps are also demonstrated through the following workflow diagram.



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My Health Learning

The Pathway has been compiled in My Health Learning (MHL) for participants to easily access all requirements and track their own progress.

Managers and their delegates can track participants' progress in the pathway through MHL.

Each section includes online modules, classroom courses, external learning activities, operational assessments and assignments. A complete list of items is provided in following pages.

Each section of the pathway is listed separately to make it easy for participants to understand the requirements for each section and the number of activities that are required to be completed.

Managers, their delegates and/or the Preceptors are required to mark off the Operational Assessments.

Online modules automatically record completion once the modules are completed successfully by the participant.

Classroom courses will be marked off as completed by the Education and Training Administration team once the participant attended relevant classroom training.

Please refer to the Professional Development Pathways Guidelines document that is available on the website for detailed information on the various terms used in this document.

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Section 1: Obstetrics

Learning Outcomes

- Discuss the indications for a caesarean section
- Discuss the instruments required to perform a caesarean section and their functions
- Demonstrate knowledge of anatomy and anatomical layers when performing a caesarean section
- Identify infection risk when inserting an indwelling catheter.
- Discuss the principles of inserting an indwelling catheter using aseptic technique

Online Modules

#	Code	Title
1	95808867	Inserting an Indwelling Urinary Catheter (IDC)

External Learning Activities

Watch [Caesarean Section Surgical Instruments, Names, Function and Images](#)

Read [Teach Me ObGyn: Caesarean Section](#)

Read [Teach Me Anatomy: Vagina](#)

Read [Teach Me Anatomy: Cervix](#)

Read [Teach Me Anatomy: Uterus](#)

Operational Assessments

#	Code	Title
1	SWSLHD-OA-2024-12168	Perioperative: Management of Sharps



01 Perioperative
Management of Sha

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Section 2: General Surgery (Open and Laparoscopic)

Learning Outcomes

- Discuss the indications for common general surgical procedures.
- Access images on EIR
- Demonstrates understanding of laparoscopic surgery set up
- Discuss the benefits of laparoscopic surgery
- Understand the contraindications of laparoscopic surgery
- Knowledge of the common instruments used within laparoscopic surgery
- Describes the pathophysiology of hernia formation
- Discusses the reasons why images are captured and retained in a procedure

Online Modules

#	Code	Title
1	427504323	Secure Messaging and Media Management for Clinicians: Teams Mobile and MedSync
2	40028020	Privacy: Handling Personal & Personal Health Information

External Learning Activities

Read: [Teach Me Anatomy: Peritoneal cavity](#)
Read [Teach Me Anatomy: Gallbladder](#)
Read [Teach Me Anatomy: Appendix](#)
Read [Teach Me Surgery: Inguinal Hernia](#)
Read [Teach Me Surgery: Abdominal Hernias](#)
Read and Watch [Teach Me Surgery: Abscess drainage](#)
Watch [Basic Laparoscopic Surgery](#)
Watch [Basic Laparoscopic Surgery: Instrument Handling and Core Skills](#)
Watch [Open umbilical hernia repair](#)

Section 3: Gynaecological Surgery

Learning Outcomes:

Scrub in elective gynaecology lists

- Demonstrate knowledge of the anatomy and physiology of the female reproductive system
- Discuss the aetiology and pathophysiology of conditions of the female reproductive system
- Demonstrates knowledge of the surgical interventions used to manage conditions of the female reproductive system

External Learning Activities

Read: [Teach Me Anatomy: Fallopian Tubes](#)
Read [Teach Me Anatomy: Ovaries](#)
Read [Teach Me Anatomy: Ligaments of the Female Reproductive Tract](#)
Read [Teach Me ObGyn: Uterine Fibroids](#)
Read [Teach Me ObGyn: Ovarian Cysts and Tumours](#)
Read [Teach Me ObGyn: Endometrial Ablation](#)
Read [Teach Me ObGyn: Hysterectomy](#)
Read [Teach me ObGyn: Fitting an Intrauterine Device](#)

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Section 4: Urology

Learning Outcomes

Scrub in elective urology lists

- Develops an understanding of the medical conditions of the renal system and the surgical interventions to manage them
- Discusses various surgical interventions for cancers of the renal system
- Has a basic understanding of the anatomical and pathophysiological features of the renal system
- Discusses the effects on an obstructed renal system
- Understands WHS responsibilities regarding spills caused by irrigation within the urology theatre
- Discusses fluid overload (TURP Syndrome)

Online Modules

#	Code	Title
1	222923332	ED-Renal Colic

External Learning Activities

Read: [Teach Me Anatomy: The urinary system](#)
Read [Teach Me Anatomy: The Ureters](#)
Read [Teach Me Anatomy: The Urinary Bladder](#)
Read [Teach Me Anatomy: The Urethra](#)
Read [Teach Me Anatomy: Penis](#)
Read [Teach me Anatomy: Testes and Epididymis](#)
Read [Teach Me Anatomy: Prostate](#)
Read [Teach Me Surgery: Renal Tract Calculi](#)
Read [Teach Me Surgery: Bladder Cancer](#)
Read [Teach Me Surgery: Urinary Incontinence](#)
Read [Teach Me Surgery: Benign Prostatic Hyperplasia](#)
Read [Teach Me Surgery: Renal Cancer](#)
Read [Teach Me Surgery: Prostate Cancer](#)
Read [Teach Me Surgery: Testicular Cancer](#)
Read [Life in the Fastlane: TURP Syndrome](#)

Operational Assessments

#	Code	Title
1	SWSLHD-OA-2024-12169	Perioperative: Laser Safety - Using Laser in Urology



02 Perioperative
Laser Safety - Using

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Section 5: Minor Orthopaedics

Learning Outcomes

Scrub in elective orthopaedic lists

- Demonstrates an understanding of the anatomy of the lower limb
- Discuss complications of lower limb injuries
- Demonstrates an understanding of the anatomy of upper limbs
- Discuss complications of upper limb injuries
- Discuss the concepts of fracture reduction
- Demonstrates knowledge of common elective orthopaedic surgeries
- Discusses the WHS responsibilities in working within the orthopaedic theatre with irrigation
- Demonstrates competence in draping extremities

Online Modules

#	Code	Title
1	222923231	ED Lower Limb Injuries
2	222924040	ED Upper Limb Injuries

External Learning Activities

Read [Teach Me Surgery: Rotator Cuff Repair](#)
Read [Teach Me Surgery: Carpal Tunnel](#)
Read [Teach Me Surgery: Ganglionic Cysts](#)
Read [Teach Me Surgery: Trigger Finger](#)
Read [Teach Me Surgery: Carpal Tunnel Syndrome](#)
Read [Teach Me Surgery: ACL](#)
Read [Teach Me Surgery: Meniscal tears](#)
Read [Teach Me Surgery: Achilles](#)
Read [Teach Me Surgery: Lisfranc](#)
Read [Teach Me Surgery: Hallux Valgus](#)
Read [Teach Me Surgery: Scaphoid Fractures](#)
Read [Teach Me Surgery: Dupuytren's Contracture](#)
Watch [How to apply a below knee cast using plaster of paris](#)
Watch [plaster of paris wrist circular cast application](#)

Operational Assessments

#	Code	Title
1	SWSLHD-OA-2024-12165	Perioperative: Neurovascular Assessment
2	SWSLHD-OA-2024-12170	Perioperative: Pneumatic Tourniquet



06 Perioperative - Neurovascular Assessment



03 Perioperative Pneumatic Tourniquet

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Section 6: Plastics

Learning Outcomes

- Demonstrates an advanced understanding on wound healing and its cosmetic effects.
- Discusses the anatomy of the skin.
- Discusses the affects and management of hand trauma
- Discusses surgical interventions for cancers of the skin.
- Understands the differences in 'skin grafts' and 'skin flaps'
- identifies the various instruments used within plastic surgery.

External Learning Activities

Read [Teach Me Surgery: Hand Trauma](#)
Read [Teach Me Surgery: Principles of Wound Management](#)
Read [Teach Me Surgery: Skin Grafts and Flaps](#)
Read [Teach Me Surgery: Basal Cell Carcinoma](#)
Read [Teach Me Surgery: Squamous Cell Carcinoma](#)
Read [Teach Me Surgery: Melanoma](#)

Section 7: Introduction to the Deteriorating Perioperative Patient

Learning Outcomes

- Recognising and responding to clinical deterioration in the early stages
- Work as part of a multidisciplinary team responding to deterioration.
- Undertake a systematic clinical assessment.
- Application the DETECT process

Online Modules

#	Code	Title
1	91024921	Between the Flags - Deteriorating Patient Learning Pathway - Adult patients (Nursing) (This is a learning pathway in itself. It cannot be included in the PDP. The participant has to search for and complete the pathway separately.)

External Learning Activities

#	Code	Title
		Read NSW Health Recognition and management of patients who are deteriorating

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Assignments

Each section has a sub-section on Assignments. These assignments include activities that the participant is required to complete in collaboration with their manager. These activities are often actions that need to be completed outside of My Health Learning.

Once all actions are completed, the participant and their manager are required to complete the checklist that is provided at the end of this document. This checklist acts as a 'final sign off' by the manager confirming that the participant has met all requirements listed within this document and pathway.

The signed checklist has to be scanned and emailed to the Education and Organisational Development Service (EODS) via email at SWLHD-EducationOD@health.nsw.gov.au.

The EODS team will mark off the final assignment in My Health Learning. An automatic certificate of completion will be generated for the Pathway once this assignment is marked off.

Assignments for each section are provided below.

Section 1: Obstetrics
<p>Obstetrics Logbook.</p> <p>Reflective Practice Module: Obstetrics.</p> <p>The manager should mark this assignment as completed after they:</p> <ul style="list-style-type: none">• meet with the participant to confirm learning and knowledge gained from all external activities listed in this section; and• the participant successfully completes the following activities:<ul style="list-style-type: none">– Activity Complete a set-up for a Caesarean Section– Activity Double scrub for a Caesarean Section– Activity Pass a variety of instruments to the proceduralist using correct technique <p>The manager/preceptor must ensure they provide sufficient opportunities for the participant to practice the skills and support the participant in attaining an appropriate level of competence in this section before signing the participant off as having completed this assignment.</p>

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Section 2: General Surgery (Open and Laparoscopic)

General Surgery Logbook.

Reflective Practice Module: General Surgery (Laparoscopic and Open).

The manager should mark this assignment as completed after they:

- meet with the participant to confirm learning and knowledge gained from all external activities listed in this section; and
- the participant successfully completes the following activities:
 - **Activity** Complete a set up for a general surgery list.
 - **Activity** Double scrub for elective general open surgery
 - **Activity** Double scrub for elective general laparoscopic surgery

The manager/preceptor must ensure they provide sufficient opportunities for the participant to practice the skills and support the participant in attaining an appropriate level of competence in this section before signing the participant off as having completed this assignment.

Section 3: Gynaecological Surgery

Gynaecological Surgery Logbook.

Reflective Practice Module: Gynaecological Surgery.

The manager should mark this assignment as completed after they:

- meet with the participant to confirm learning and knowledge gained from all external activities listed in this section; and
- the participant successfully completes the following activities:
 - **Activity** Complete a set up for a gynaecological surgical list.
 - **Activity** Double scrub for elective gynaecological open surgery
 - **Activity** Double scrub for elective gynaecological laparoscopic surgery

The manager/preceptor must ensure they provide sufficient opportunities for the participant to practice the skills and support the participant in attaining an appropriate level of competence in this section before signing the participant off as having completed this assignment.

Section 4: Urology

Urology Logbook.

Reflective Practice Module: Urology.

The manager should mark this assignment as completed after they:

- meet with the participant to confirm learning and knowledge gained from all external activities listed in this section; and
- the participant successfully completes the following activities:
 - **Activity** Complete a set up for a urology list
 - **Activity** Double scrub for elective urology list

The manager/preceptor must ensure they provide sufficient opportunities for the participant to practice the skills and support the participant in attaining an appropriate level of competence in this section before signing the participant off as having completed this assignment.

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Section 5: Minor Orthopaedics

Minor orthopaedics logbook

Reflective Practice Module: Minor Orthopaedics

The manager should mark this assignment as completed after they:

- meet with the participant to confirm learning and knowledge gained from all external activities listed in this section; and
- the participant successfully completes the following activities:
 - **Activity** Complete a set-up for an orthopaedic list.
 - **Activity** Double scrub in elective orthopaedics.
 - **Discuss** With your manager the opportunity to attend a 1:1 education session with one of the orthopaedic reps

The manager/preceptor must ensure they provide sufficient opportunities for the participant to practice the skills and support the participant in attaining an appropriate level of competence in this section before signing the participant off as having completed this assignment.

Section 6: Plastics

Plastics logbook

Reflective Practice Module: Plastics

The manager should mark this assignment as completed after they:

- meet with the participant to confirm learning and knowledge gained from all external activities listed in this section;

The manager/preceptor must ensure they provide sufficient opportunities for the participant to practice the skills and support the participant in attaining an appropriate level of competence in this section before signing the participant off as having completed this assignment.

Section 7: Introduction to the Deteriorating Perioperative Patient

Introduction to the Deteriorating Perioperative Patient: Reflection.

The manager should mark this assignment as completed after they:

- meet with the participant to confirm learning and knowledge gained from all external activities listed in this section; and
- the participant successfully completes the following activities:
 - **Discuss** With your manager study leave to attend DETECT training as part of the Deteriorating Patient Learning Pathway

The manager/preceptor must ensure they provide sufficient opportunities for the participant to practice the skills and support the participant in attaining an appropriate level of competence in this section before signing the participant off as having completed this assignment.

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Circulating and Instrument Nurse Beginner Professional Development Pathway Completion Form

This form confirms that the participant has completed all requirements of the Professional Development Pathway and can be issued a certificate of completion in My Health Learning (MHL).

Participant Name		Employee Number	
Department		Facility/Service	
Date		Participant Signature	
Line Manager Confirmation			
<input type="checkbox"/> I confirm that the participant has completed all requirement of the Pathway including additional workplace experiential activities that are required as part of this pathway.			
Manager Name		Manager Role	
Date		Manager Signature	

Assignments

The Pathway includes assignments in the following sections that have been completed by the participants.

Course Name	Completed? ✓ or X
Section 1: Obstetrics	
Section 2: General Surgery (Open and Laparoscopic)	
Section 3: Gynaecological Surgery	
Section 4: Urology	
Section 5: Minor Orthopaedics	
Section 6: Plastics	
Section 7: Introduction to the Deteriorating Perioperative Patient	

Submit the completed and signed form to the Education and Organisational Development Service (EODS) via email at SWSLHD-EducationOD@health.nsw.gov.au for sign off in My Health Learning.